FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

ngton, D.C. 20549	I	 ١

OMB APPROVAL									
	3235-0287								
Estimated average burden									
hours per response:	0.5								

### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  APPLETON STEVEN R						er Name <b>an</b> RON TI						k all applicat Director Officer (g	olicable) ctor cer (give title		Person(s) to Issuer  10% Owner Other (speci				
(Last) (First) (Middle) 8000 S. FEDERAL WAY MAIL STOP 557					3. Date 10/11/	of Earliest 2011	Trans	action (Mo	onth/E	Pay/Year)		Chairman and CEO							
(Street) BOISE	II		83707		4	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi	ndividual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City)	(\$	State)	(Zip)	an Davi		4i C				Die			Dom	eficially (	Number of				
1. Title of Security (Instr. 3)		2. Trans	2. Transaction		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (I	3. Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			5. Amount Securities Beneficiall Owned Fol	у	Form:	Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Price	Reported Transactio (Instr. 3 an				(Instr. 4)
Common Stock		10/13	10/11/2011				F		23,67	4	D	\$5.16(4)	1,660,286		D				
Common	ommon Stock													61,000			I	Mesa L.P.	
Common	Common Stock			10/13	10/11/2011				A		315,000(1)		Α	\$0 <sup>(2)</sup>	1,975,286		D		
Common	Stock			10/13	1/20	011			A		394,000	<b>O</b> (3)	A	\$0 <sup>(2)</sup>	2,369	,286		D	
			Table II				curities alls, war							icially Ov ties)	vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date if any (Month/Day/Ye	Co		ction Instr.	Derivative		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Ar Securities Un Derivative Se (Instr. 3 and 4		nderlying ecurity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	ve es ially ng d	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Cod	de	V (A)	(A)	(D)	Date Exercisab		Expiration Date	Title		Amount or Number of Shares		(Instr. 4)			
Non- Qualified	\$5.16	10/11/2011		1			1.123.000		10/11/2013	(5)	10/11/2017	Com	mon -	1.123.000	\$5.16	1,123	000	D	

### **Explanation of Responses:**

- 1. Restricted Stock Awards vest in 25% increments annually on anniversary date of grant.
- 2. Not Applicable grant of restricted stock
- 3. The vesting of restricted shares is subject to achievement of certain performance criteria. In the event that the performance criteria are not met, the restricted shares will be forfeited.
- 4. Withholding of shares of common stock to satisfy tax withholding obligations in connection with the vesting of restricted stock awarded under the Issuer's 2004 Equity Incentive Plan.
- 5. Stock Options vest in 25% increments annually on anniversary date of grant.

### Remarks:

Option

Katie Reid Attorney-in-fact

\*\* Signature of Reporting Person

10/13/2011

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.