FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Wash

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

2. Issuer Name **and** Ticker or Trading Symbol

lington, D.C. 20549	10

MB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person\*

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

FOSTER RONALD C				MIC	CRON TECH	<u>NOL</u>	<u>OG'</u>	Y INC [ N	1"		ector	10% (		
(Last) (First) (Middle) 8000 S. FEDERAL WAY MAIL STOP 557					te of Earliest Transa 1/2013	action (f	Month	/Day/Year)		A bel	ficer (give title Other (s below)  CFO & VP OF FINANCE			
	10P 33/			_ 4. If A	mendment, Date o	f Origina	al File	d (Month/Day	/Year)			or Joint/Group	Filing (Check A	pplicable
(Street) BOISE ID 83707								Foi	,					
(City)	(St	ate) (	Zip)											
		Tab	le I - Non-Deri	ative s	Securities Acc	uired	, Dis	posed of	or Ben	eficia	ally Owr	ned		
1. Title of S	Security (Inst	r. 3)	2. Trans. Date (Month/I	action Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)	(Instr.	4. Securities Disposed Of	f (D) (Instr.	(A) or 3, 4 an	d 5) Secu Bene Own Repo	nount of urities eficially ed Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	V	Amount	(A) or (D)	Price	(Inst	saction(s) r. 3 and 4)		
Common				/2013		S		1,000(1)	D	\$14	.48	831,656	D	
Common	Stock			/2013		S		2,500(1)	D	\$14.		329,156	D	
Common				/2013		S		600(1)	D	\$14	_	328,556	D	
Common				/2013		S		1,300(1)	D	\$14.	_	327,256	D	
Common				/2013		S		1,300(1)	D	\$14	_	825,956	D	
Common				/2013		S		3,200(1)	D	\$14.		822,756	D	
Common				/2013		S		1,300(1)	D	\$14	_	321,456	D	
Common	Stock		07/01	/2013		S		1,600(1)	D	\$14.	_	819,856	D	
Common	Stock		07/01	/2013		S		500(1)	D	\$14	_	319,356	D	
Common				/2013		S		2,000(1)	D	\$14.		817,356	D	
Common	Stock		07/01	/2013		S		1,047 <sup>(1)</sup>	D	\$14	.53	816,309	D	
Common	Stock		07/01	/2013		S		1,553 <sup>(1)</sup>	D	\$14.	535	814,756	D	
Common	Stock		07/01	/2013		S		300(1)	D	\$14	.54	814,456	D	
Common	Stock		07/01	/2013		S		2,300(1)	D	\$14.	_	812,156	D	
Common	Stock			/2013		S		200(1)	D	\$14		811,956	D	
Common	Stock		07/01	/2013		S		700(1)	D	\$14.		811,256	D	
Common	Stock		07/01	/2013		S		200(1)	D	\$14	.56	811,056	D	
Common	Stock		07/01	/2013		S		300(1)	D	\$14.	565	810,756	D	
Common	Stock		07/01	/2013		S		100(1)	D	\$14	.57	810,656	D	
Common	Stock		07/01	/2013		S		100(1)	D	\$14	.58	810,556	D	
Common	Stock		07/01	/2013		S		100(1)	D	\$14.	585	810,456	D	
Common	Stock		07/01	/2013		S		100(1)	D	\$14.	595	810,356	D	
		Tá			curities Acqui						y Owne	d		
1. Title of	2.	3. Transaction	3A. Deemed	4.					7. Title and		8. Price of	9. Number o	f 10.	11. Nature
Derivative Conversion D		cise (Month/Day/Year) if any f ive (Month/Day/Year)		Transact Code (In 8)	tion of	Expiration Date (Month/Day/Year)			Amount of Securities Underlying Derivative Security (Instr. : and 4)		Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)

		Та	ble II - Deriva (e.g., p					ired, Disp options,				y Owned			
1. Title of	2. Conversion	3. Transaction	3A. Deemed Execution Date,	<b>C</b> ode	V	(5A)Nu	m <b>(150e)</b> r	6xDectisEbatero Expiration De	isΩabtlee and	7itTëtle	aSolodares	8. Price of Derivative	9. Number of derivative	10. Ownership	11. Nature
ESeptiantation	of Exespises Price of 105-1 Derivative	e(Month/Day/Year)		Code (		Deriv Secu Acqu (A) or Dispo of (D) (Instr	rities ired osed . 3, 4	(Month/Day/	(ear) <u>R</u> (	Securi Underl Deriva Securi and 4)	ties ying tive ty (Instr. 3 ase, Attor	Security (Instr. 5)	Securities Beneficially Owned Following Reported Traraction t[Ins07/02/201] Date	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
Reminder: F	eport on a se	parate line for each	class of securities	benefic	cially ov	wned d	lirectly	or indirectly.							
* If the form	is filed by mo	e than one reportir	g person, see Instr	uction 4	4 (b)(v)										
** Intentiona	l misstatemer	ts or omissions of	acts constitute Fed	eral Cri	iminal \	/iolatic	ns See	18 U.S.C. 10	001 and 15 l	J.S.C. 7	Bff(a).				
Note: File th	ree copies of	this Form, one of w	hich must be manu	ally sig	ned. If	space	is insu	ficient, see Ir	struction 6 f	dr proce	dAmeount				
Persons wh	o respond to	the collection of	information conta	ined in	this fo	rm ar	e not r				om displa	ys a currer	tly valid OMB I	lumber.	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	of Shares				